

## TEEN-FRIENDLY HEALTH CENTERS IN TULSA

All visits to these health centers are confidential for teens. They also provide free or low-cost services including birth control, pregnancy testing, family planning counseling and STI/HIV testing. When you call, ask for a "family planning appointment." Always confirm with your provider that your visit is confidential.

### COMMUNITY HEALTH CONNECTION - EASTSIDE

9912 E. 21st St.

Tulsa, OK 74129

(918) 622-0641

Mon-Fri, 8am-6pm

Teen Clinic: Tues, 1:30pm-6pm (walk-ins accepted); Enter through the SE door

### COMMUNITY HEALTH CONNECTION - KENDALL-WHITTIER

2321 East 3rd St.

Tulsa, OK 74104-3327

(918) 622-0641

Mon-Fri, 8am-6pm

Sat, 8:30am-12pm

Teen Clinic: Thurs, 1:30pm-6pm (walk-ins accepted); Enter through the NW door

### TULSA CITY COUNTY HEALTH DEPARTMENT-CENTRAL REGIONAL HEALTH CENTER

315 South Utica Ave.

Tulsa, OK 74104

(918) 582-9355

Mon, 8am-12pm

Tues-Fri, 8am-5pm

### TULSA CITY COUNTY HEALTH DEPARTMENT-JAMES O. GOODWIN HEALTH CENTER

5051 South 129th East Ave.

Tulsa, OK 74134

(918) 582-9355

Tues-Fri, 7am- 5:30pm (extended hours)

### TULSA CITY COUNTY HEALTH DEPARTMENT-NORTH REGIONAL HEALTH CENTER

5635 N. Martin Luther King Jr. Ave.

Tulsa, OK 74126

(918) 582-9355

Mon, 8am-4pm

Teen Clinic: Mon, 4pm-6pm (walk-ins accepted)

Tues, 8am-5pm

TAKE  
CONTR<sup>♀</sup>  
INITIATIVE



it's OK to talk about it.

02/2019

OKLAHOMA

# SEXUAL HEALTH RIGHTS FOR TEENS

TULSA EDITION

WWW.TULSACAMPAIGN.ORG/RIGHTS



## AGE OF MINORITY

- If you are under 18 years old, you are considered a minor. Lawmakers established this for your protection. We want you to be informed because being a minor affects your right to information and services.
- If you are an emancipated minor, pregnant minor, minor legally living apart from parents or guardians, or a minor who is married, you are considered an adult.

## CONDOMS

- You should always wear a condom every time you have sexual intercourse to protect from HIV, STIs and pregnancy.
- You can get condoms for free or at a reduced cost from any health center listed on the back of this brochure.
- Anyone can buy condoms from a pharmacy, grocery store, or online. A pack of twelve condoms costs about \$12.

## BIRTH CONTROL

- Health center staff can help you figure out which birth control method is best for you. As a teenager, you may also be eligible for FREE birth control and exams.
- At the health centers listed on the back, you do not need to get your parents' permission or need to submit their income when seeking financial assistance for family planning and reproductive health care.

## EMERGENCY CONTRACEPTION

- You can buy emergency contraception at any pharmacy. There is no law restricting teens from accessing emergency contraception, however, some pharmacies have age restrictions. Call pharmacies before going to make sure they do not have any age restrictions on emergency contraception.

## PREGNANCY TESTING

- At the health centers listed on the back, pregnancy tests are free.
- You can purchase a pregnancy test from a pharmacy, grocery store, or online. Note: you do not need a prescription to get a pregnancy test.

## STI AND HIV/AIDS TESTING

- You do not need permission from your parent(s)/guardian(s) to get tested or treated for sexually transmitted infections (STIs) and human immunodeficiency virus (HIV, the virus that causes AIDS). Providers are not required by law to inform your parents. If you are concerned, always confirm with your provider that they will not share information with your parent(s)/guardian(s) without your permission.

## CONFIDENTIALITY

- Confidentiality means privacy. If you are under the age of 18, you can receive confidential services at the health centers listed on the back, which means that health center staff will not tell your parents or guardians anything about the services you receive.
- Even though you do not have to ask your parents or guardians for permission, it is a good idea to talk with them or another trusted adult about the medical care you need. If you have any questions about confidentiality, please confirm with your provider when you make your appointment.
- It is your right to get sexual and reproductive health care where you feel safe and comfortable. Therefore, if you are a minor and have a situation where your parents can not be involved, it is very important for you to ask the following questions:
  1. Can I receive services at your office without my parents'/guardians' permission?
  2. Will my parents/guardians have access to my medical records?
  3. Will my parents/guardians receive a bill for my visit?

## AGE OF CONSENT

- By law, a person cannot consent or agree to sex until they reach a specific age. This is called the "age of consent." In Oklahoma you cannot legally consent to sex until you turn 16 years old.
- This law is meant to protect minors from being manipulated or forced into sex with older people.

## ADDITIONAL RESOURCES

- **24-Hour National AIDS Hotline** 1.800.CDC.INFO
- **24-Hour National Sexual Assault Hotline** 1.800.656.4673
- **Domestic Violence Intervention Services (DVIS)** 24-Hour Crisis Line: 918.7HELP.ME
- **Health Outreach Prevention Education (H.O.P.E.)** HIV/AIDS Testing Clinic: 918.749.8378
- **National Teen Dating Abuse Helpline** 1.866.331.9474 or 1.866.331.8453 (TTY)
- **Take Control Initiative** takecontrolok.org 918.960.0749
- **Tulsa Campaign to Prevent Teen Pregnancy** tulsacampaign.org
- **Youth Services of Tulsa** yst.org 918.582.0061 (answered 24-hours a day)

**NEED TO GET HEALTH SERVICES? READ THE BACK FOR MORE INFORMATION.**